

REGALIA

Regalia is the name of the costume worn by dancers who participate in competitions, most often during powwows. The dancers have their own regalia, which are all different from each other because they speak of the dancer's family, Nation and personality

The regalia worn today are very elaborate, colorful and much different from traditional regalia, which were originally worn at ceremonies held by Aboriginal Nations of the western United States and Canada. Today, Quebec's Aboriginal dancers also wear these beautiful costumes, which incorporate elements from many Nations.

Regalia include:

A headdress, often made of feathers

Dance accessories: stick, hoops, shawl

Shoes: mocassins

Basic clothing: a dress for the girls, a breechclout and tunic for the boys, leggings

Decorative accessories: shield, breastplate, knife in a sheath, fur, headband, epaulettes, bracelets

Musical accessories: bell sewn on clothes, rattle

